



## MENINGITIS? CHECK THE SYMPTOMS

**ACT QUICKLY!**

NOT EVERYONE GETS ALL OF THESE SYMPTOMS! AND THEY CAN APPEAR IN ANY ORDER.

**Do the Tumbler Test**

Most people with meningitis or septicaemia drink a lot of fizzy or 'juicy' drinks, which can rapidly dehydrate the body. If the rash does not fade when a glass is pressed against it, it could be meningococcal septicaemia. On this site, look for the rash on lighter parts of the body, eg. inner wrists or legs too.

**Important!**  
Sometimes when babies aren't ready should be assumed, particularly possible for the meningococcal septicaemia test.

**Other symptoms in babies may include:**

- Blotchy skin, spots or a burning skin
- Swell or bulging soft spot (fontanelle) on the baby's head
- Poor feeding
- High pitched cry/whine (especially when being held)

If you suspect there could be meningitis or septicaemia see your doctor or call 111.

Meningococcal Septicaemia	Meningitis
Head	<input type="checkbox"/>
Leg pain	<input type="checkbox"/>
Cold hands & feet	<input type="checkbox"/>
Floppy child/abnormally supple joints	<input type="checkbox"/>
Fever, vomiting or diarrhoea	<input type="checkbox"/>
Confusion & Irritability	<input type="checkbox"/>
Stomach cramps	<input type="checkbox"/>
Difficulty breathing	<input type="checkbox"/>
Abnormal skin colour	<input type="checkbox"/>
Abnormal skin colour	<input type="checkbox"/>
Severe headache	<input type="checkbox"/>
Stiff neck	<input type="checkbox"/>
Drain of bright lights	<input type="checkbox"/>
Body aches/pain, movement	<input type="checkbox"/>

**Meningitis can KILL in under 4 hours**

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### Babies and Toddlers

Meningitis  and Septicaemia  often occur Together

	Fever, cold hands & feet		Floppy, listless, unresponsive
	Refusing food		Drowsy, difficult to wake
	Vomiting		Spots/Rash see Glass Test
	Pale, blotchy skin		Rapid breathing or grunting
	Fretful, dislike being handled		Unusual cry, moaning

### Children and Adults

Meningitis  and Septicaemia  often occur Together

	Fever, cold hands & feet		Stomach cramps & diarrhoea
	Vomiting		Spots/Rash see Glass Test
	Drowsy, difficult to wake		Severe headache
	Confusion & irritability		Stiff neck
	Severe muscle pain		Dislike bright lights

# Summer Ball 2011